

## Short-Term Play Therapy for Children



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THIRD EDITION

Edited by **Heidi Gerard Kaduson and Charles E. Schaefer**

“A comprehensive and dynamic resource for working with young people facing critical challenges in today’s world. Short-term approaches are particularly salient for professionals in schools or agencies that prioritize time-limited interventions. Written from a place of experience and sensitivity to the nuances of doing play therapy, this book offers insightful, practical examples within a strong literature-based context. It is ideal for a stand-alone course in counseling young people, for an advanced skills course, or as a ‘go-to’ resource for professionals.”

—**Laurie A. Carlson, PhD**, Counseling and Career Development Program, Colorado State University

Illustrated with rich case examples, this widely used practitioner resource and text presents a range of play approaches that facilitate healing in a shorter time frame. Leading play therapists from diverse theoretical orientations show how to tailor brief interventions to each child’s needs. Individual, family, and group treatment models are described and clinical guidelines are provided. Chapters demonstrate ways to rapidly build alliances with children, adolescents, and their caregivers; plan treatment for frequently encountered clinical problems; and get the most out of play materials and techniques.

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